




# Excavations and Trenching

## -Course Summary-

<b>Length of Course:</b>		4 hours 8 hours (Competent Person)
<b>Course Objectives:</b>		
<ul style="list-style-type: none"> <li>Excavation and trenching are among the most hazardous construction operations. This course will teach participants the hazards, regulatory requirements and safe work practices of working in excavations.</li> </ul>		
<b>Topics include:</b>		
<ul style="list-style-type: none"> <li>Hazard Recognition</li> <li>Competent Person</li> <li>Soil Mechanics</li> <li>Test Equipment</li> <li>Shielding, Shoring and Sloping</li> <li>Site Inspection</li> <li>Safe Work Practices</li> <li>Underground Utility Lines</li> </ul>	<ul style="list-style-type: none"> <li>Water Accumulation</li> <li>Hazardous Atmospheres</li> <li>Means of Access/ Egress</li> <li>Emergency Rescue</li> <li>Evacuation Plans</li> <li>Equipment Flood Control</li> <li>Emergency Procedures</li> <li>Check-in Check-out Procedures</li> </ul>	
<b>Target Audience:</b>		
<ul style="list-style-type: none"> <li>Managers</li> <li>Supervisors/ Foremen</li> <li>Safety Program Administrators</li> <li>Employees/ Machine Operators.</li> <li>Safety Committee Representatives</li> </ul>		
<b>Delivery Options Available:</b>		
1. On-site	<ul style="list-style-type: none"> <li>This class can be offered at your site with a minimum of 10 participants. We will work with you to customize and deliver the program for your specific audience. Additional travel charges may apply.</li> </ul>	
2. Classroom	<ul style="list-style-type: none"> <li>This class will be offered occasionally on our "open class schedule". Refer to the Safety Links training calendar at <a href="http://www.safetylinks.net/training.php">www.safetylinks.net/training.php</a> for upcoming classes.</li> </ul>	
3. Online	<ul style="list-style-type: none"> <li>This class will be offered via our online training portal at <a href="http://www.safetylinks.biz">www.safetylinks.biz</a></li> </ul>	
<b>Please note:</b> Onsite and classroom sessions are delivered in English. Spanish training may be available upon request.		
<b>Pricing:</b>		<b>Multiple participant savings * (Total Seats)</b>
4 hour	<ul style="list-style-type: none"> <li>\$75 per participant (Safety Partner™)</li> <li>\$110 per participant (Non-Partner)</li> </ul>	5-9 per class
8 hour	<ul style="list-style-type: none"> <li>\$100 per participant (Safety Partner™)</li> <li>\$140 per participant (Non-Partner)</li> </ul>	10-24 per class
		25-49 per class
		50-75 per class
		Discount
		5%
		10%
		15%
		20%
* Multiple participant savings available to Platinum Safety Partners only.		
<b>Registration:</b>		
<ul style="list-style-type: none"> <li>To register for a scheduled course visit <a href="http://www.safetylinks.net/training.php">http://www.safetylinks.net/training.php</a> and click on the enroll icon.</li> <li>Then either complete the registration online with Visa, MasterCard, American Express or Discover Card or....</li> <li>Complete the registration form then fax, email or mail it. Follow these instructions:             <ul style="list-style-type: none"> <li>Step 1) After you click on the enroll icon download the "Training Registration Form" (Available as PDF or MS Word)</li> <li>Step 2) Fax the completed form to 1-800-768-7036 (no cover page required)                 <ul style="list-style-type: none"> <li>....or Email the completed form to <a href="mailto:info@safetylinks.net">info@safetylinks.net</a></li> <li>....or Mail the completed form to: Safety Links- PO Box 933 Gotha FL, 34734</li> </ul> </li> <li>Step 3) You will receive a confirmation by email or mail as soon as we receive payment.</li> </ul> </li> </ul>		

For more information on this course or to speak to your Safety Coach about customization or on-site instruction contact:

**Safety Links Inc - P.O. Box 933 Gotha - Florida - 34734**

**Phone/ Fax # 1-800-768-7036 - [info@safetylinks.net](mailto:info@safetylinks.net) - [www.safetylinks.net](http://www.safetylinks.net)**

